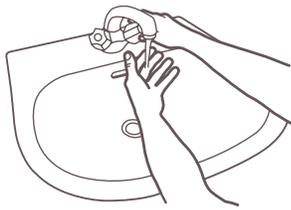


Soap. Water. 20 Seconds.

Wash your hands with **soap and water** while singing "Happy Birthday" twice.



1



Wet hands with water

2



Apply enough soap to cover all hand surfaces

3



Rub hands palm to palm

4



Right palm over the top of the left hand with interlaced fingers and vice versa

5



Palm to palm with fingers interlaced

6



Backs of fingers to opposing palms with fingers interlocked

7



Rotational rubbing of left thumb clasped in right palm and vice versa

8



Rotational rubbing, backwards and forwards with clasped fingers of right hand in left palm and vice versa

9



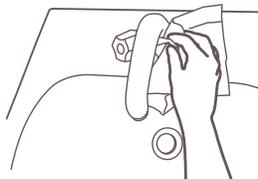
Rinse hands with water

10



Dry hands thoroughly with a single-use towel

11



Use towel to turn off faucet

12



Your hands are now safe



For more information on how you can help prevent infection, visit **UPrevent™** at mms.mckesson.com/uprevent.



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